



OVER
20
CECs



INDUSTRY READY PACKAGE

As the leading fitness course provider in Australia, we have created a package of professional development workshops to ensure you're always at the forefront of the industry.

Online Marketing for PTs \$200
This course includes the latest in online marketing strategies, to enable you to build your business in a cost effective way. Learn about Social Media strategies, website optimisation, and online communication channels, specific to your target market.



Olympic Weightlifting Techniques \$150
Olympic weightlifting exercises involve complex movement patterns. This short course provides technique strategies to gain an in depth knowledge and understanding of a variety of lifts.



Advanced Periodisation Techniques \$200
Going beyond the basic principles of periodisation and exploring the underpinning mechanistic theories of periodisation and how to apply these methods for clients with a variety of health and fitness goals.



Suspension Training \$150
A comprehensive online workshop that uses practical demonstrations to provide participants with the skills and knowledge to plan and deliver a variety of suspension exercises for clients.



Exercise and Pregnancy Training Guidelines \$200
Covering the essentials of training pregnant clients. Including up to date information, relevant to pre and post natal clients, clarifying many of the misconceptions associated with exercise. The information is current, research based and supported by experts.



Running for Personal Trainers \$150
Covering running technique, programing and drills and how they can be used to get results for clients with running specific fitness goals.



Fundamentals of Kettlebell Training \$150
This comprehensive online workshop uses practical demonstrations and applications to provide participants with a detailed understanding of fundamental kettlebell exercises.

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BONUS: Supplement & Fad Diet Facts \$150
This online workshop highlights the advantages and disadvantages of popular supplements and fad diets and provides the fitness professional with the knowledge to respond to common client questions.

TOTAL VALUE: \$1,350

PACKAGE DISCOUNT PRICE \$900



Training tomorrow's fitness leaders...

Student Enrolment Form

Name: _____ Email: _____

Address: _____ Suburb: _____ State: _____ Postcode: _____

Phone: (H): _____ Phone (M): _____ Phone (W): _____

Fitness Australia Registration Number: _____ Date: _____

Delivery Option: Online

Course Cost: \$900

Visa Mastercard Cardholder's Name: _____ Card Number: _____

Expiry: ____ / ____ CSV: _____

Date of Birth: ____ / ____ / ____ Gender: Male Female Place of Birth (State): _____

Next of Kin: _____ Relationship to this person: _____ Emergency ph number: _____

In which country were you born: Australia Other: _____

Are you an Australian Citizen? Yes No

Do you speak a language other than: English only Other: _____

How well do you speak English? Very Well Well Not Well Not Well at All

Are you of Aboriginal or Torres Strait Islander origin? No Aboriginal Torres Strait Islander

Do you consider yourself to have a disability, impairment or long-term condition? Yes No

If YES, please indicate the areas of disability, impairment or long-term condition:

| | | | |
|---------------------------------------|--|-----------------------------------|---|
| <input type="checkbox"/> Hearing/Deaf | <input type="checkbox"/> Medical Condition | <input type="checkbox"/> Physical | <input type="checkbox"/> Intellectual |
| <input type="checkbox"/> Learning | <input type="checkbox"/> Acquired Brain Impairment | <input type="checkbox"/> Vision | <input type="checkbox"/> Mental Illness |

Other, please specify: _____

Are you still attending secondary school? Yes No

What is your highest year completed at level of school? Yr 12 Yr 11 Yr 10 Yr 9

In which year did you complete that school level? _____

Do you hold a higher qualification?

No, I do not hold a higher qualification

Yes, I hold an Australian qualification

Yes, I hold an International qualification and have undergone a formal assessment to determine the Australian equivalency

Yes, I hold an International qualification, but do not know the Australian equivalency

If YES, what qualification do you hold?

| | | | | |
|---|---|---|--|---|
| <input type="checkbox"/> Bachelor Degree | <input type="checkbox"/> Advanced Diploma | <input type="checkbox"/> Diploma | <input type="checkbox"/> Certificate I | <input type="checkbox"/> Certificate II |
| <input type="checkbox"/> Certificate III or Trade | <input type="checkbox"/> Certificate IV or Technician | <input type="checkbox"/> Other, please specify: _____ | | |

Of the following categories, which BEST suits your current employment status? (Choose one only)

| | | |
|---|--|---|
| <input type="checkbox"/> Full-time employee | <input type="checkbox"/> Part-time employee | <input type="checkbox"/> Self-employed—not employing others |
| <input type="checkbox"/> Employer | <input type="checkbox"/> Unpaid in family business | <input type="checkbox"/> Unemployed—seeking full-time work |
| <input type="checkbox"/> Unemployed—seeking part-time | <input type="checkbox"/> Unemployed—not seeking work | |

Which best describes your industry of employment? (either current employment, or previous employment)

| | | |
|---|--|--|
| <input type="checkbox"/> Agriculture, Forestry and Fishing | <input type="checkbox"/> Mining | <input type="checkbox"/> Manufacturing |
| <input type="checkbox"/> Electricity, Gas, Water and Water Services | <input type="checkbox"/> Construction | <input type="checkbox"/> Wholesale Trade |
| <input type="checkbox"/> Retail Trade | <input type="checkbox"/> Accommodation and Food Services | <input type="checkbox"/> Transport, Postal and Warehousing |
| <input type="checkbox"/> Information, Media and Telecommunications | <input type="checkbox"/> Rental, Hiring and Real Estate Services | <input type="checkbox"/> Professional, Scientific & Technical Services |
| <input type="checkbox"/> Administrative and Support Services | <input type="checkbox"/> Financial and Insurance Services | <input type="checkbox"/> Public Administration and Safety |
| <input type="checkbox"/> Education and Training | <input type="checkbox"/> Health Care and Social Assistance | <input type="checkbox"/> Arts and Recreational Services |

Other, please specify: _____

Which best describes your occupation? (either current employment, or previous employment)

- | | | | |
|----------------------------------|------------------------|---------------------|---------------------------------------|
| Manager | Professional | Technician or Trade | Community and Personal Service Worker |
| Clerical & Administrative Worker | | Sales Worker | Machinery Operator and Driver |
| Labourer | Other, please specify: | | |

Of the following categories, which BEST describes your main reason for undertaking this course? (Choose one only)

- | | | | |
|----------------------------------|----------------------------------|---------------------------------------|-----------------|
| To get a job | To develop existing business | To start my own business | Job requirement |
| Try different career | To get better job or promotion | Personal interest or self development | |
| I wanted extra skills for my job | To get into another study course | Other, please specify: | |

Do you hold any of the following concession cards? (Choose one only)

- | | | | |
|---|--|--------------------|---|
| Health Care Card (Dependent partner / child) | Pensioner Concession Card (Dependent partner / child) | Veterans Gold Card | No, I do <u>not hold</u> a Concession Card |
|---|--|--------------------|---|

Unique Student Identifier (USI): All students participating in nationally recognised training delivered by a registered training organisation MUST have a USI.

I have a USI and give AFA authorisation to verify my USI.

If you do not have a USI, please apply here: <http://usi.gov.au/Students/Pages/default.aspx> (Please note you will receive your USI immediately upon application)

Please advise of your USI here:

I, _____ (name), have read, clarified and understand each of the following:

- Payment Terms & Conditions - including the Payments, Cancellations, Refund and Deferment Policies.
- Student Handbook - including the course information, online learning requirements, participation and assessment requirements, code of conduct, privacy policy and student support services.

I understand that Australian Fitness Academy must be supplied with my Unique Student Identifier (USI) before I am eligible to receive official outcomes of my studies, including a Statement of Attainment, Statement of Results or a Testamur Certificate.

I understand & agree to the terms, conditions and policies outlined in these documents and on the website.

I verify that the information provided above is true and correct.

Name:

Signature:

For Office Use Only:

Careers Consultant Signature:

Careers Consultant Name:

Date: / /